

'Believe in the Light so you will be Children of the Light.'

PSHE Long Term Plan 2023/24

EYFS Early Learning Goals – Personal Social and Emotional Development:

Making Relationships:

• Children play co-operatively, taking turns with others. They take account of one another's ideas about how to organise their activity. They show sensitivity to others' needs and feelings, and form positive relationships with adults and other children.

Self-confidence and self-awareness:

• Children are confident to try new activities and say why they like some activities more than others. They are confident to speak in a familiar group, will talk about their ideas, and will choose the resources they need for their chosen activities. They say when they do or don't need help.

Managing Feelings and Behaviour:

Children talk about how they and others show feelings, talk about their own and others' behaviour and its consequences, and know that some behaviour is unacceptable. They work as part of a group or class and understand and follow the rules. They adjust their behaviour to different situations and take changes of routine in their stride.

	Families and friendships	Safe relationships	Respecting ourselves and others	Belonging to a community	Media literacy and digital resilience	Money and work	Physical health and Mental wellbeing	Growing and changing	Keeping safe
Y1	Roles of different people; families; feeling cared for	Recognising privacy; staying safe; seeking permission	How behaviour affects others; being polite and respectful	What rules are; caring for others' needs; looking after the environment	Using the internet and digital devices; communicating online	Strengths and interests; jobs in the community	Keeping healthy; food and exercise, hygiene routines; sun safety	Recognising what makes them unique and special; feelings; managing when things go wrong	How rules and age restrictions help us; keeping safe online
Y2	Making friends; feeling	Managing secrets;	Recognising things in	Belonging to a group; roles	The internet in everyday life;	What money is; needs and	Why sleep is important;	Growing older; naming	Safety in different

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	lonely and getting help	resisting pressure and getting help; recognising hurtful behaviour	common and differences; playing and working cooperatively; sharing opinions	and responsibilities; being the same and different in the community	online content and information	wants; looking after money	medicines and keeping healthy; keeping teeth healthy; managing feelings and asking for help	body parts; moving class or year	environments; risk and safety at home; emergencies
Y3	What makes a family; features of family life	Personal boundaries; safely responding to others; the impact of hurtful behaviour	Recognising respectful behaviour; the importance of self-respect; courtesy and being polit	The value of rules and laws; rights, freedoms and responsibilities	How the internet is used; assessing information online	Different jobs and skills; job stereotypes; setting personal goals	Health choices and habits; what affects feelings; expressing feelings	Personal strengths and achievements; managing and reframing setbacks	Risks and hazards; safety in the local environment and unfamiliar places
Y4	Positive friendships, including online	Responding to hurtful behaviour; managing confidentiality; recognising risks online	Respecting differences and similarities; discussing difference sensitively	What makes a community; shared responsibilities	How data is shared and used	Making decisions about money; using and keeping money safe	Maintaining a balanced lifestyle; oral hygiene and dental care	Physical and emotional changes in puberty; external genitalia; personal hygiene routines; support with puberty	Medicines and household products; drugs common to everyday life
Y5	Managing friendships	Physical contact and feeling safe	Responding respectfully to a wide range of	Protecting the environment;	How information online is	Identifying job interests and	Healthy sleep habits; sun safety;	Personal identity; recognising	Keeping safe in different situations,

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	and peer influence		people; recognising prejudice and discrimination	compassion towards others	targeted; different media types, their role and impact	aspirations; what influences career choices; workplace stereotypes	medicines, vaccinations, immunisations and allergies	individuality and different qualities; mental wellbeing	including responding in emergencies, first aid and FGM
Y6	Attraction to others; romantic relationships; civil partnership and marriage	Recognising and managing pressure; consent in different situations	Expressing opinions and respecting other points of view, including discussing topical issues	Valuing diversity; challenging discrimination and stereotypes	Evaluating media sources; sharing things online	Influences and attitudes to money; money and financial risks	What affects mental health and ways to take care of it; managing change, loss and bereavement; managing time online	Human reproduction and birth; increasing independence; managing transition	Keeping personal information safe; regulations and choices; drug use and the law; drug use and the media

Please see additional document for No Outsiders