

'Believe in the Light so you will be Children of the Light.'

RSE Long Term Plan 2023/24

Year Group	Learning Objectives	Social	Emotional	Physical	Spiritual/ Prayer	Intellectual
Nursery Wonder at God's Love	Children begin to know and understand that they are part of the wonder of God's love and creation.	Task: Children work in partners they should watch their friend moving to music and then swap roles.	Task: Children should look in the mirror and show the biggest smile they can. They should repeat this with a sad smile. Talk about feelings and facial expressions.	Task: Children draw themselves using the correct colours for their different features.	Loving God, You gave me my hands, my eyes and my hair. You made me in love and with love. I thank you that I am part of the wonder of your creation. Amen	Task: Circle time – ask the children what makes them happy and what makes them sad.
Reception God loves each of us in our uniqueness	Children know and understand that God has made them unique and that altogether we are all different we are all special to him.	Task: Children select one name from the box and say one thing the person is good at.	Task: Circle time - Children are asked to say one thing they like about the person sitting next to them.	Task: Children close their eyes and describe themselves to the person next to them. Focusing upon using adjectives.	Loving God, we know we are unique. Although we are different from one another we are all special to you. Amen	Task: Read the Rainbow Fish – each child should make a rainbow fish scale to make a class fish to show we are all different like the scales.
Year 1 We meet God's love in our family	Children know and understand that they are growing and developing as members of their own family and God's family.	Task: Circle time - How do we help and care for others at home?	Task: Split the page in half and the children should draw one happy and one sad family situation and write a sentence to accompany this.	Task: Draw a picture of you as a baby with your family.	From my head to my heart, from my shoulder to my shoulder, I believe in you my God, my father. Amen	Task: Children create a Baptism candle to show they are all part of God's family.
Year 2 We meet God's love in the community	Children know and understand that they are growing and developing in a God-given community.	Task: Children should draw an image of a community in which they belong to a write a sentence explaining this.	Task: Children should think about times they may wish to be on their own and draw examples of these.	Task: Inside a heart template the children should draw a family activity they enjoy.	Our Father	Task: Children should think about ways they can help people who are lonely.
Year 3 How we live in love	Children know and understand their virtues essential to friendship	Task: Children should think about two ways children can take care of their	Task: Read the story Dogger by Shirley Hughes	Task: Create a mind map of the various people who care for the children at	Hail Mary	Task: Discuss the difference between being alone and being lonely. The children

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	and experience the importance both of forgiving and being forgiven and of celebrating God's forgiveness.	friends and families. They should draw these and explain what is happening.	– reflect on how it feels to be let down by a friend.	home, in school and the parish community.		should illustrate how some people are surrounded by people and still lonely.
Year 4 God loves us in our differences	Children know and understand that they are all different and celebrate these difference as they appreciate that God's love accepts us as we are and as we change.	Task: Children will be given a piece of paper with the name of every child in the class. They should one thing that the person is really good at next to their name.	Task: Select an emotion word and decorate it to represent this.	Task: Children should create a time line of how a baby grows in the womb.	Lord, you are always with us, in happy and sad times. For your constant love, we thank you. Amen	Task: Create a list of happy and sad feelings in a table.
Year 5 God loves me in changing and development	Children know and become aware of the physical and emotional changes that accompany puberty, sensitivity, mood, swings, anger and boredom.	Task: Provide the children with a table that they should complete showing behaviours that change as we grow.		Task: Children become familiar with the importance of menstruation and ovulation.	A Friendship Blessing May you be blessed with good friends. May you learn to be good friends to yourself. May you be able to journey to that place in your soul where there is great love, warmth, feeling and forgiveness. May this change you.	
Year 6 The wonder of God's love in creating new life	Children develop, in an appropriate way for their age, an understanding of sexuality and grow further in their appreciation of their	Task: Children should explain how new life is conceived.	Task: Children list ways in which relationships can be happy and can be unhappy.	Task: Children name and label the parts of the female and male reproductive organs.	Jesus, our friend and brother, embrace in your love all our friends. Amen	



St John Fisher

Catholic Nursery & Primary School

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	dignity and worth as children of God.				
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